



Neurodiversity, Community Music Therapy, and Sensory Friendly Concerts CJ Shiloh, MT-BC

CMTE Credits: 10

Course Instructors: CJ Shiloh, MT-BC

Date: Self-led course **Time:** 500 Minutes

Location: Online/Self Study

Course Cost: FREE Prerequisites: None

Online Course Description

This course is designed to help the modern day music therapist become aware of past and present trends within autism discourse and Community Music Therapy theories.

Topics include:

Expanding your knowledge of the Neurodiversity Movement and Community Music Therapy Resources from: Paulina Ong, Ari Ne'eman, Jim Sinclair, Lydia Brown, Ariane Zurcher, Jenell Johnson, Gary Ansdell, Sue Baines, Sandra Curtis, Brynjulf Stige, Guylaine Vaillancourt.

Learning Objectives:

Course participants will be able to:

- Identify client's issues regarding cultural background, preferences and stressors related to present status. (CBMT Scope of Practice I. A. 4, c, h, i)
- Evaluate reliability and presence of bias in information from available resources. (I. B. 1)
- Recognizing and managing aspects of one's own feelings and behaviors that affect the therapeutic process. (II. A. 1. f.)
- Consult with other music therapists and other non-music therapy professionals, communicate with client or client's family, caregivers, or personal network. (III. B. 6, 7, 8)
- Serve as a representative, spokesperson, ambassador, or advocate for the profession of music therapy. (III. B. 17)
- Review current research and literature in music therapy and related disciplines. (IV. A. 2, 3, 4, 5)

CMTE Credits: This is an active course - to obtain credits, participants must submit completed worksheets. Participants must also submit the final evaluation. Certificates are issued at the end of each month.

Technology Requirements: You must have an internet connection (DSL or higher), an internet browser (firefox, safari, etc...).

Cancellation and Refund Policy: There is no course fee. You can stop at any time!

CMTE Information: The **Neurodiversity, Community Music Therapy, and Sensory Friendly Concerts** is approved by the Certification Board for Music Therapists (CBMT) for 10 Continuing Music Therapy Education credits. Summit Music Therapy Services, #P-114 maintains responsibility for program quality and adherence to CBMT policies and criteria.

Instructor Bio: C.J. Shiloh is a Board Certified Music Therapist in Baltimore/Annapolis region of Maryland and works as owner and lead therapist of Annapolis Center Music Therapy Services. CJ is a classically trained pianist and has almost 20 years experience as a private piano teacher. She earned a liberal arts music degree, with concentrations in both performance and education, from Colorado State University - Pueblo in 2003. For the next 10 years she also taught adapted music lessons for children with special needs, worked in a private school as elementary general music teacher and middle school choir director, and worked in Maryland public schools as a home/hospital teacher for students with special needs. After completing the Professional Studies Program for Music Therapy Certification from Shenandoah University in 2013 and receiving her MT-BC, she immediately launched into a thriving music therapy private practice.

CJ has been an active participant in disability rights issues and an advocate for the Neurodiversity Movement since 2009. She is the curator of Sensory Friendly ConcertsTM and began the nonprofit, The Musical Autist in 2011 to help bring recognition to these events which promote "equal rights to the fine arts" and provide opportunities for self-advocacy through a structured practice of Community Music Therapy. CJ and The Musical Autist's co-director, Sunny Cefaratti, have presented on the topic of Neurodiversity in both regional and national music therapy conferences as well as national autism conferences such as Autism Society of America and ICDL. CJ serves as co-Chair for the Online Conference for Music Therapy and has served on this committee since 2011. CJ & The Musical Autist can be followed on Facebook, on the Twitter handles: CJShiloh or MusicalAutist, or contacted directly through the blog, The Musical Autist.